You must find a way to keep your household running. That means you need to feed your children and pay all the bills. This could mean a whole bunch of different scenarios, but that will be up to you to decide. You need to decide the following:

|  |  |
| --- | --- |
| * **Employment** - Where are you going to get money? (job, social assistance, etc...) Be specific. Know the salary you are going to be taking home. Pick something that is realistic not a “fantasy or what if” situation. |  |
| * **Child Care** - How will you care for your children? If you go to work, who will watch them? Have all Child Care costs here. |  |
| * **Transportation** - How will you get to work? If you don't work, how are you going to pay your bills? * - Car Costs (think of everything) * - Gas * - Car Maintenance |  |
| * **Living** - Where are you going to **live**? Be VERY specific. What is your cost of living? * - rent or own * - What city are you living in? * - Location of your house or apt? * - Cost per month * - utilities * - phone bills * - taxes * - Clothing * - Children’s activities |  |
| * **Grocery Store** (be realistic - $80 per month isn’t even going to cut it!!!!) * - Cleaning supplies * - Household items needed * - Toilet paper |  |
| * **Entertainment and Extras** – you can’t sit at home 24/7. It is easy to say you can but what about your sanity? * - Gym Membership * - Movies * - Eating out or stop at the local store for a treat * - Personal care (this can be anything from hair, nails, massage) |  |
| * **Anything else that comes up –** This is a section for you. You know what your life is like. Add whatever you need here. |  |

**Places to get information you might not know about.**

* [The Federal Child Support Guidelines](http://www.justice.gc.ca/eng/rp-pr/fl-lf/child-enfant/guide/)
* [Canada Child Tax Benefit](http://www.servicecanada.gc.ca/eng/goc/cctb.shtml)
* [Maintenance Enforcement](http://www.justice.gov.sk.ca/MEO-FAQ)